

# IBS DAYS

*New insights for a better management of irritable bowel syndrome*

**June 17-19, 2024**

Palazzo Re Enzo – Bologna, Italy

**Congress Chair: Giovanni Barbara**

## **PRELIMINARY PROGRAM (V-8)**

### **Congress Chair**

**Giovanni Barbara, Italy**

### **Scientific Committee**

**Vincenzo Stanghellini - Chair, Italy**

**Maria Raffaella Barbaro, Italy**

**Lin Chang, USA**

**Maura Corsetti, UK**

**Cesare Cremon, Italy**

**Giovanni Marasco, Italy**

**Chloè Melchior, France**

**Javier Santos, Spain**

**Magnus Simren, Sweden**

**Jan Tack, Belgium**

**Postgraduate Course: A Journey Towards Effective Management of IBS –Monday June 17<sup>th</sup>**  
*Palazzo Re Enzo*

**11:00 Diagnosis and Communication skills**

**Chairs:** Maura Corsetti (UK), Giovanni Barbara (Italy)

**11:00 Diagnostic challenges in IBS: A clinical case**

Daniele Salvi (Italy)

**11:15 History and symptom assessment**

Jan Tack (Belgium)

**11:40 Diagnostic tests: When and which**

Daniel Pohl (Switzerland)

**12:05 Communication skills**

Douglas Drossman (USA)

*13:00 Lunch Break*

**11:00 Treatment**

**Chairs:** Lin Chang (USA), Magnus Simren (Sweden)

**14:00 Therapeutic challenges in IBS: A clinical case**

Tim Vanuytsel (Belgium)

**14. 15 Treatment of abdominal pain**

Maura Corsetti (UK)

**14:40 Treatment of abdominal bloating**

Chloè Melchior (France)

**15:05 Treatment of constipation in IBS-C**

Carmelo Scarpignato (Italy)

**15:30 Treatment of diarrhea in IBS-D**

Brian Lacy (USA)

**16:00 Closing remarks**

Lin Chang (USA)

**Opening Ceremony –Monday June 17<sup>th</sup>**  
*Palazzo Re Enzo*

**18:00 Welcome**

**Giovanni Barbara**, Congress Chair, *University of Bologna*

**Vincenzo Stanghellini**, Scientific Committee Chair, *University of Bologna*

**Giovanni Molari**, Rector, *University of Bologna*

**Chiara Gibertoni**, General Director, IRCCS Policlinico St. Orsola, Bologna

**Gianandrea Pasquinelli**, Director, Department of Medical and Surgical Sciences, *University of Bologna*

**Gilberto Poggioli**, Director, Medical and Surgical Department of Digestive Hepatic and Endocrine  
Metabolic Diseases, IRCCS Policlinico St. Orsola, Bologna

**Claudio De Angelis**, President, President Federation of Italian Digestive Disease (FISMAD)

**Luca Frulloni**, President, Italian Society of Gastroenterology (SIGE)

**18.30 Inaugural Lecture**

**TBD**

**19.30 Cocktail**

**Program – Tuesday June 18<sup>th</sup>**  
**Plenary Session - Palazzo Re Enzo**

**07:00 Registration**

**08:00 Program overview**  
Giovanni Barbara (Italy)

**Session I – Rome Foundation Symposium**

**Chairs:** Jan Tack (Belgium), Vincenzo Stanghellini (Italy)

**08:20 Rome related activities**  
Douglas Drossman (USA)

**08:30 Rome V epidemiology study**  
Ami Sperber (Israel)

**08:55 Plausibility of pathophysiological mechanisms in IBS**  
*Consensus between Rome Foundation and Neurogastroenterology & Motility Scientific Societies*  
Jan Tack (Belgium)

**09:20 IBS-IBD overlap**  
*Outcome of the Rome Foundation Working Team*  
Lin Chang (USA)

**09:45 Coffee Break**

**Session II – Overlapping Conditions**

**Chairs:** Eamonn Quigley (USA), Roberto De Giorgio (Italy)

**10:15 Overlap of IBS with organic disorders**  
Giovanni Barbara (Italy)

**10:40 Mentalcomorbidities**  
Sarah Ballou (USA)

**11:05 Symptom clusters**  
Magnus Simren (Sweden)

**Session III –Genotype – Phenotype Associationsin Adult and Pediatric Patients**

**Chairs:** Annamaria Staiano (Italy), Michael Camilleri (USA)

**11:30 Genetic factors: Biobank-scale studies**  
Mauro D'Amato (Italy)

**11:55 Genotypic-phenotypic associations of abdominal pain**  
Qasim Aziz (UK)

**12:20 Patient reported outcomes (PROs) in IBS**  
Brian Lacy (USA)

**12:45 Pediatric IBS: what is peculiar in children**  
Carlo Di Lorenzo (USA)

**13.10 Lunch Break andPoster session**

**Program – Tuesday June 18<sup>th</sup>**  
**Workshop I – Palazzo Re Enzo**

**Chairs:** Stephen Collins (Canada), Cesare Cremon (Italy)

14:20 **SPONSORED LECTURE - TBD**

**Session IV / A– Gut Microbiota Workshop**

**14:50 Influence of microbiota on gut sensory-motor function**  
Giada De Palma (Canada)

**15:15 Precision medicine: Microbiota signatures predicting probiotic response**  
Simone Guglielmetti (Italy)

**15:40 Clinical evidence of probiotic efficacy**  
Viola Andresen (Germany)

**16:05** *Coffee Break*

**Free Papers Session**

**Chairs:** Magnus Simren (Sweden)\*, Giovanni Marasco (Italy)

**16:35** Free Paper 1

**16:50** Free Paper 2

**17:05** Free Paper 3

**17:20** Free Paper 4

**17:35** *Adjour*

**20:30** *Social Dinner*

*\* Reporting in plenary next day*

**Program – Tuesday June 18<sup>th</sup>**  
**Workshop II – Sala Borsa**

**Chairs:** Douglas Drossman (USA), Brian Lacy (USA)

**14:20 SPONSORED LECTURE - TBD**

**Session IV / B – Clinical Features Workshop**

**14:50 Role of gender in IBS**  
Susanna Walter (Sweden)

**15:15 Abdomino-phrenic dyssynergia: From mechanisms to treatment**  
Jordi Serra (Spain)

**15:40 IBS overlapping with anorectal disorders**  
Giuseppe Chiarioni (Italy)

**16:05 Coffee Break**

**Free Papers Session**

**Chairs:** Robin Spiller (UK)\*, Roberto De Giorgio (Italy)

**16:35** Free Paper 1

**16:50** Free Paper 2

**17:05** Free Paper 3

**17:20** Free Paper 4

**17:35 Adjour**

**20:30 Social Dinner**

*\* Reporting in plenary next day*

**Program – Tuesday June 18<sup>th</sup>**

**Workshop III – Oratorio San Giovanni Battista dei Fiorentini**

**Chairs:** Qasim Aziz (UK), Edoardo Savarino (Italy)

**14:20 SPONSORED LECTURE- TBD**

**Session IV / C – Pathophysiology Workshop**

**14:50 Intestinal biofilms: the hidden secrets of the mucus**

Nathalie Vergnolle (France)

**15:15 Intestinal barriers and the gut-brain axis**

Maria Raffaella Barbaro (Italy)

**15:40 Development, diagnostic and prevention of gender-related somatic and mental comorbidities in IBS in Europe**

Hints from the DISCOVERIE H2020 Project  
Javier Santos (Spain)

**16:05** *Coffee Break*

**Free Papers Session**

**Chairs:** Michael Camilleri (USA)\*, William Chey (USA)

**16:35** Free Paper 1

**16:50** Free Paper 2

**17:05** Free Paper 3

**17:20** Free Paper 4

**17:35** *Adjour*

**20:30** *Social Dinner*

*\* Reporting in plenary next day*

**Program – Wednesday June 19<sup>th</sup>**  
**Plenary Session – Palazzo Re Enzo**

**Session V –Free Paper Highlights and Immune Activation**

**Chairs:** Nathalie Vergnolle (France), Stephen Collins (Canada)

**08:00 Highlights from Tuesday's Free Paper Sessions**  
Magnus Simren (Sweden), Robin Spiller (UK), Michael Camilleri (USA)

**08:20 Eosinophils in IBS and related conditions**  
Maria Vicario (Spain)

**08:45 Mastcells in IBS: Pathophysiology and potential therapeutic implications**  
Guy Boeckxstaens (Belgium)

**Session VI –Luminal Factors**

**Chairs:** Peter Malfertheiner (Germany), Frank Zerbib (France)

**09:10 Bile acids malabsorption and IBS: Pathophysiology and clinical implications**  
Michael Camilleri (USA)

**09:35 Mechanisms underlying food-related symptoms beyond FODMAPs**  
Robin Spiller (UK)

**10:00 Exploring the effectiveness of personalized diet interventions in IBS**  
Florencia Carbone (Belgium)

**10:25 Coffee Break**

**Session VII – What's New on Microbiota Research**

**Chairs:** Patrizia Brigidi (Italy), Antonio Gasbarrini (Italy)

**10:55 Microbiome: Hot off the press**  
Antonio Gasbarrini (Italy)

**11:20 The microbiota-brain axis**  
Premysl Bercik (Canada)

**11:45 Gut microbiota testing in clinical practice**  
Gianluca Ianaro (Italy)

**Session VIII – Hot Topics on Management**

**Chairs:** Ling Chang (USA), Carmelo Scarpignato (Italy)

**12:10 Diet as a therapeutic tool**  
William Chey (USA)

**12:35 Microbiota modulation: A true alternative to conventional therapies?**  
Eamonn Quigley (USA)

**13:00 Brain gut behavioral therapy**  
Dipesh Vasant (UK)

**13:25 Concluding remarks and awards for best abstracts**  
Giovanni Barbara (Italy)



**13:40** *Lunch*

## Poster session

### Moderators and Award Committee

Frank Zerbib (Chair), Paola Iovino, Gabrio Bassotti, Massimo Bellini, Vasile Drug, Giancarlo Sarnelli, Loris Lopetuso, Tim Vanuytsel (Belgium)

Two winners

Awards nominated during the closing ceremony

Selection rules (voting based on criteria: originality, scientific relevance, methodology etc.)

Awards: 200 euro + frame

## Awards Best Free paper (3 winners, one for each session):

### Award Committee

Magnus Simren, Giovanni Marasco, Robin Spiller, Roberto De Giorgio, Michael Camilleri, William Chey

Three winners

Awards nominated during the closing ceremony

Selection rules (voting based on criteria: originality, scientific relevance, methodology etc.)

Awards: 300 euro + frame